

4 - 11 AUGUST

Latvia 100



BULLETIN 3

DEAR ORIENTEERING FRIENDS.



I am glad to welcome you to Daugavpils - the second largest city of Latvia and definitely the city of the most diverse cultural life in Latvia.

We are happy to host orienteering sportsmen from all over the world during the World Orienteering Championships in 2018.

Daugavpils has very old and rich traditions of orienteering sports, which we are proud of. That is why I am sure that we will ensure appropriate infrastructure and management of the Championship.

Historically, people of different ethnicities, religion and attitude to life have been living here, in Daugavpils. We consider this diversity to be our largest treasure, we value high the unique personality of our city.

It is a special honour for us to host orienteering competition for people with disabilities. I hope that these sportsmen will inspire local inhabitants to be active and to live their lives, to appreciate every single moment.

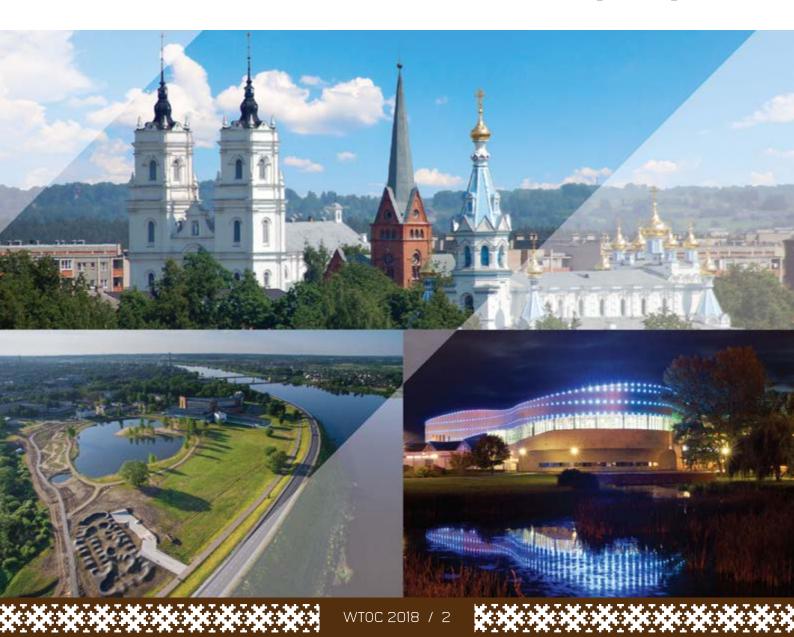
Daugavpils is not like other cities of Latvia, it is peculiar in its own way, and I am sure that participants of the Championship will enjoy staying here and will have enough time to get aquianted with it.

Welcome to Daugavpils!

Rihards Eigims,

Chairman of the

Daugavpils City Council



DEAR ORIENTEERING FRIENDS,

We are living at a time of astounding changes. A number of undisputable truths are changing; mankind is experiencing an ever increasing progress. Trail orienteering has an enormous potential in terms of introducing changes in the way how the society thinks. As far as I know, trail-0 is the first and, up to now, the sole sport where physically extremely advanced athletes and people with special needs compete in outdoor settings as equals. The opportunity to prove this actual equality aspect is the main reason why orienteers in Latvia are happy and honoured to organize the World Trail Orienteering Championships.

We want to organize the best and most interesting Trail-0 World Championships. We have already designed extremely interesting courses. We have invented and now are implementing advanced technical and IT solutions for taking them. We hope that these WTOC2018 technical innovations after certain time will allow turning Trail-0 into a dynamic sport that is thrilling to watch both for spectators on site and on TV.

This year, Latvia will be the world epicentre of orienteering. At the beginning of August, we are organizing both the WTOC2018 and WOC2018. We have arranged the event schedule in a way so that also the WTOC2018 competitors are able to take part in the WOC2018 key events and experience the positive aura of the world's

vast orienteering community.

The WTOC2018 competitions will take place in Latvia's second largest city Daugavpils. It is a very sportive town and also rich in various cultural objects. The management of city is very supportive for organizing the event. We have agreed on a number of infrastructure improvements so that all WTOC2018 participants feel equally comfortable when competing and staying in Daugavpils.

Welcome to WTOC2018! I promise that the Latvian orienteering community will do their best to make this competition remain in your memories for a long time and bring back truly positive emotional experience.

Viesturs Tamužs, President of the Latvian Orienteering Federation



LOCATIONS

The World Trail Orienteering Championships 2018 will be held in Daugavpils, Latvia. Daugavpils is situated in the south-east of Latvia, 232km from Riga. It is only 25km from Lithuania and 35km from Belarus. The town is divided in half by the River Daugava and is surrounded by woods and cultivated land.

Daugavpils was granted the rights of a town in 1582. However, it was already used for trade and military needs long before that. Over the centuries its name was changed repeatedly until in 1920 it became the Daugavpils that we know today.

The town, with Dinaburg Castle at its very heart, was founded by the Livonian Order and has been ruled by Poles, Swedes, Russians, and Germans. The history has left its mark on Daugavpils, in its architecture, the diversity of its residents, and its culture.

Nowadays, in terms of population, Daugavpils is the second-largest town after Riga which makes it an important economic, cultural and tourism centre and a home for one of the biggest regional universities.



Distance to Daugavpils:

- From Riga 230km (3h by car)
- From Vilnius 180km (2.5h by car)
- From Tallinn 520km (6.5h by car)
- From Moscow 770km (9h by car)
- From Berlin 1180 km (13.5 h by car)

Travelling options to Riga:

- Airplane to Riga International Airport (RIX)
- Ferry to Riga Passenger Terminal (from Stockholm)

Travelling options from Riga to Daugavpils:

- Train from Riga Central Station to Daugavpils Train Station
- Passenger's bus from Riga International Bus Terminal to Daugavpils Bus Terminal
- By car
- There will be arranged transportation from Riga to Daugavpils upon request

EVENT CENTRE & CONTACTS

Event Centre will be located in Park Hotel Latgola. Prize-giving ceremony will be held in the square Vienības laukums right next to it.

Address: Ģimnāzijas iela 46, LV-5401, Daugavpils

Contact phone: +371 28388828, e-mail: liga.ruksane@woc2018.lv (Līga Rukšāne)

If you have any questions, please use contacts mentioned before.

WTOC SCHEDULE / EVENT PROGRAM

04.08.2018.						
18:00	WTOC opening ceremony	Old Riga				
20:00 - 23:30	Competition centre is open	Park Hotel Latgola				
05.08.2018.						
8:00 - 10:00	Competition centre is open	Park Hotel Latgola				
11:00 - 16:00	Model 1	Stropu internātskola				
17:00 - 19:00	Competition centre is open	Park Hotel Latgola				
19:00	Meeting of team officials	Park Hotel Latgola				
06.08.2018.						
9:30	Temp0 Qualifications	Daugavpils fortress				
14:00	Temp0 Public race	Daugavpils fortress				
15:00	Temp0 Final	Daugavpils fortress				
18:30	Opening and awarding ceremony	Daugavpils fortress				
19:00 - 21:30	Competition centre is open	Park Hotel Latgola				
20:00	Meeting of team officials	Park Hotel Latgola				
07.08.2018.						
10:00	Pre0 Day 1	Jaunā Forštate				
14:30	Start for Public race	Jaunā Forštate				
18:00 - 20:00	Competition centre is open Park Hotel Latgola					
08.08.2018.						
10:00 - 15:00	Model 2	Go-kart track "Blāzma"				
17:00 - 19:00	Competition centre is open	Park Hotel Latgola				
19:00	Meeting of team officials	Park Hotel Latgola				
09.08.2018.						
10:00	Pre0 Day 2	Jaunā Forštate (quarry)				
15:30	Pre0 Public 2	Jaunā Forštate (quarry)				
15:00	Flower ceremony	Jaunā Forštate (quarry)				
17:00 - 19:00	Competition centre is open	Park Hotel Latgola				
19:00	Meeting of team officials	Park Hotel Latgola				
10.08.2018.						
9:00	Relay	0pen air stage "Stropu estrāde"				
18:00	Awards ceremony and banquet	Vienības laukums / Park Hotel Latgola				

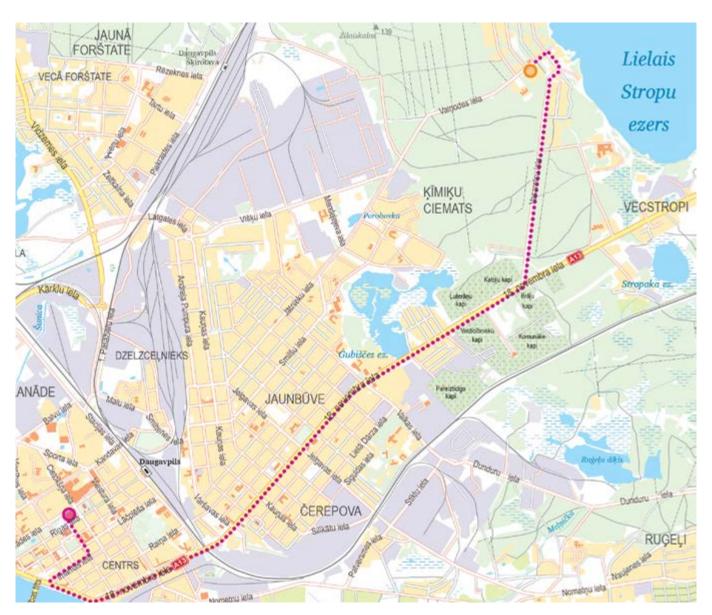


ARENAS, MAPS, COURSES

Map and course authors: Jānis Gaidelis and Atis Rukšāns. Standard of the map ISSOM. Scales and contour intervals of the maps Model, Temp0, Pre0 day 1, 2 and relay are 1:4 000, 2,5m.

August 5, Model 1, Stropi internātpamatskola

Coordinates - Lat: 55.9055785. Lon: 26.5823477



Map: Stropu estrāde, 1:4000, e=2,5m, ISSOM



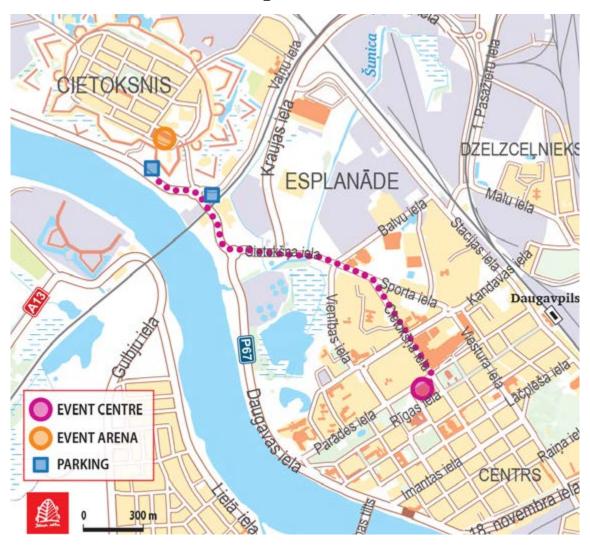
Course: 11 controls + 1 TC with 2 tasks, 1 Temp0 station with 4 tasks. Length - 0.98 km, control time - 63 minutes. There will be a section of course covered with carpets for testing purposes and one-way movement principle. Distance from parking to start - 200m.

Services: Refreshments and toilets for disabled at parking place.

August 6, TempO competition, Daugavpils Mark Rothko Art Centre (DMCAC)

Coordinates - Lat: 55.8841809, Lon: 26.4977344

The competitors have to arrive in qualification quarantine by 9:00 (located near Nicholas gates) and they are not allowed to visit the Arena before competition. The final quaratine will be located in DMCAC which has to be entered by 14:30.



Map: CIETOKSNIS, 1:4000, e=2,5m, ISSOM



Previous map: 1:5000, e=2,5m, 2010, ISOM

Area of fortress, many man-made objects, some vegetation objects, ditch around the fortress, many terrain details, good to very good visibility; semi-open areas.

Last Foot0 competitions held in 2016. Never used for Trail0 The quality of trails – prevailingly hard surface. Extra pushers will be provided in places that are more difficult to pass.

<u>Course</u>: Temp0 Qualifications: 6 stations with 4 tasks each. Course length – 2.6km.

Temp0 Final: 5 stations with 5 tasks each. Course length – 1.4km.

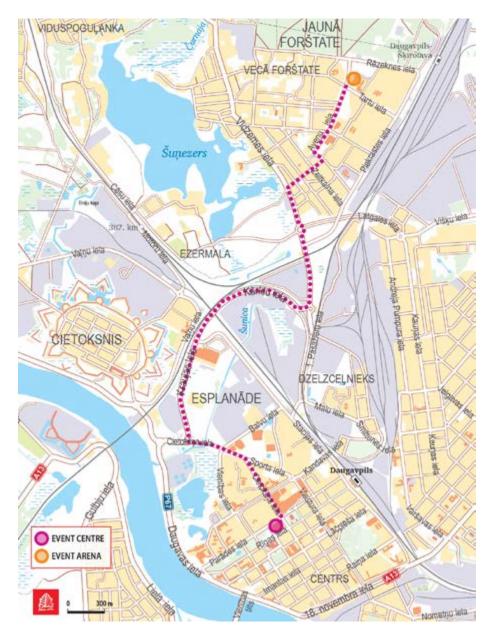
"The qualification will be in 2 parallel heats. The composition of competitors for qualification will be determined according to the IOF TrailO rules 12.8. point. The best 18 competitors from each heat will qualify for the final."

<u>Services:</u> Water and toilets will be available in both quarantines. Lunch and refreshments will be available at the Competition Centre. Toilets will be available at quarantine and Competition Centre.

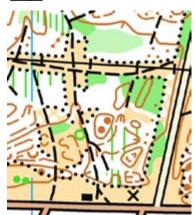
August 7, Pre0 1 competition, Daugavpils 16th Secondary school

Coordinates - Lat: 55.9041025, Lon: 26.5295617

The competitors have to be in event center 30 minutes before their start. There will be transports by bus to the start and back from the finish (about 10 minutes). Competitors with heavey wheel chairs will be allowed to drive to start and collected by their helpers. Those who finish before 12:00 have to wait in finish area until 12:00.



Map: Jaunā Forštate, 1:4000, e=2,5m, ISSOM

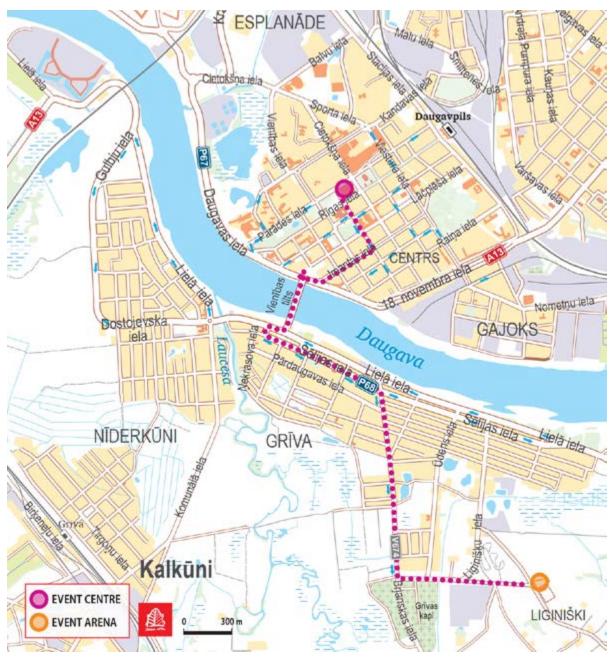


Previous map: 1:5000, e=2,5m, 2010, ISOM

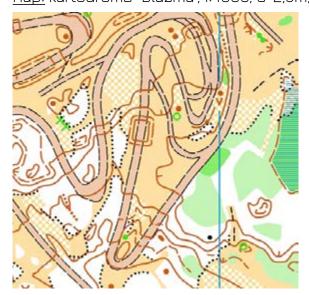
High density of forest trails, many vegetation objects and contour details, semi-open areas, medium to good visibility. Last Foot0 competitions held in 2012 and Trail0 2014.

<u>Course:</u> 28 controls + 1 TC with 2 tasks (at beginning of the course). Including one-way section with refreshments & toilet - NOT timed out. Length - 1.74 km. Control time - 136 minutes. Height sum - 25 metres. <u>Services:</u> Refreshments in quarantine and start zone. Toilets will be available in quarantine/start/finish area.

August 8, Model 2, Go-cart track "Blāzma" Coordinates - Lat: 55.8489258, Lon: 26.5353488



Map: kartodroms "Blāzma", 1:4000, e=2,5m, ISSOM



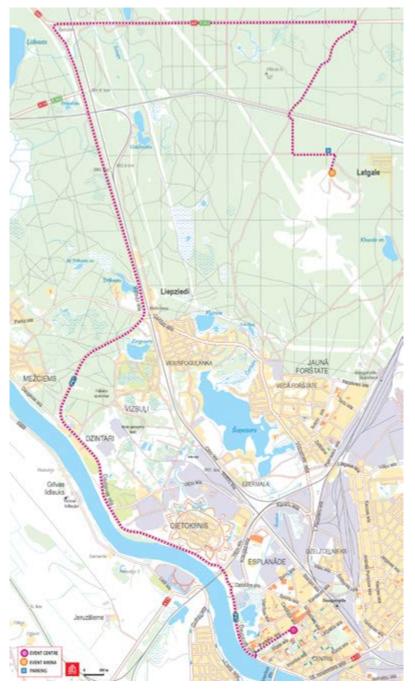
<u>Previous map:</u> never used for orienteering before

Area of cartodrome covers the majority of the map, few trails, many small terrain objects, good to very good visibility.

<u>Course:</u> 10 controls. In 2 parts, part one - 5 controls, part two - 5 controls. Course length - 0.7km (0.46km and 0.24km). Control time - 51 minutes. <u>Services:</u> Toilet and refreshments in the parking place.

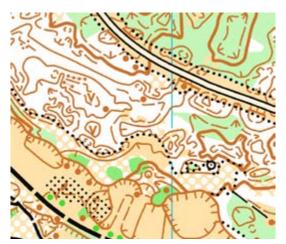
August 9, Pre0 2 competition, Jaunā Forštate quarry

Coordinates - Lat: 55.9339228, Lon: 26.5305768



Competitors are not allowed to proceed to the event arena before their start, but have to remain in the car park/ pre-start area. Any team officials / spectators who want to go to the event centre / finish zone will have to arrive there before 9:30 and are not allowed to leave it and return to the car park until the last competitor started (approx. 12:30).

Map: Forštates karjers, 1:4000, e=2,5m, ISSOM



Previous map: 1:5000, e=2,5m, 2010, ISOM

Area of quarry covers the majority of the map, few trails, many small terrain objects, good to very good visibility. Last Foot0 competitions held in 2012. Never used for Trail0.

The quality of trails – roads with diverse surface. Part of course will be covered with carpets. Extra pushers will be provided in places that are more difficult to pass.

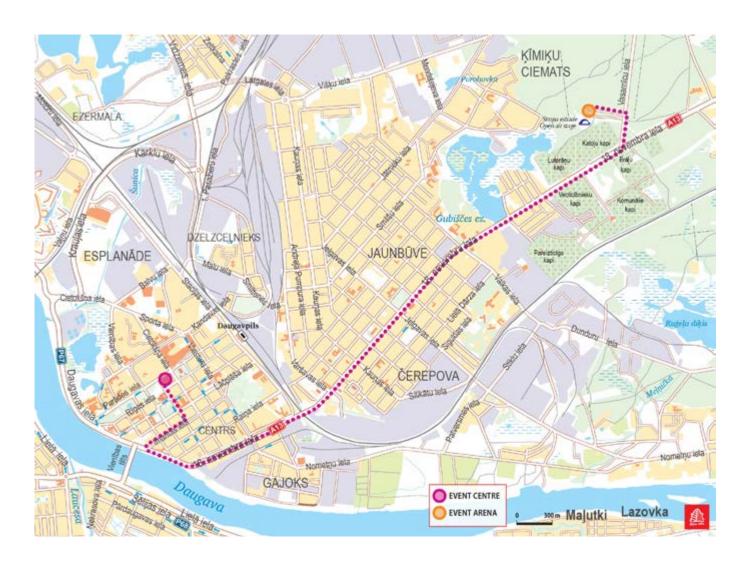
<u>Course:</u> 33 controls + 1 TC with 2 tasks (at beginning of the course). In 2 parts, part one 26 controls, part two 7 controls. Timed-out section with toilet and water between parts. Course length - 1.65 km (1.45 km + 0.20 km). Time limit: paralympic - 168 minutes, open - 148 minutes. Height sum - 32.5 m.

<u>Special note:</u> Due to an abundance of rootstocks near the road, there will be NO rootstocks shown on the PreO Day2 competition map.

<u>Services:</u> Toilets/refreshments will be available in start zone and competition center. There will be also toilets/refreshments after first part of course.

August 10, Relay competition, Open air stage "Stropu estrāde"

Coordinates – Lat: 55.8916592, Lon: 26.5749249 All competitors have to be in quarantine by 8:30.



Map: Stropu estrāde, 1:4000, e=2,5m, ISSOM



Previous map: 1:5000, e=2,5m, 2010, ISOM

Mature, open forest, few vegetation objects and many contour details, medium to good visibility. Last TrailO competition 2010, Local Foot O competition 2010

<u>Course</u>: 30 controls in total. Each competitor chooses 10. Competitors use pin punches at each control to mark team card (one field per control) to indicate which controls have been solved. No additional marks with pins or pen allowed. 1 Temp0 station with 4 tasks (at the end of course, different for all three legs of the relay). Total length – 5.74 km. Time limit – 262 minutes.

SYMBOLS & EXAMPLES

Symbol	Description	Example
0	Single tree (418)**	
	Bush or tree (419)**	
•	Small bush (412)**	
×	Picnic tables (relay course) or electrical switch-board (540)	KS-3347 A
×	Rootstock or log with minimum height 60cm (420)	
0	A well (312)	

^{*}Minimum height for knolls and ant hills – 60 cm.

**The borders of yellow/white vegetation are drawn at trunk/flag level rather can canopy level.



ZERO TOLERANCE

Zero problems are either on a different object, at least 4m from the correct location or 135° from the correctly described position.

WTOC CLASSES AND PARTICIPATION RESTRICTIONS

- The Competition rules for IOF Trail Orienteering Events will be applied to participation in the World Trail Orienteering Championships 2018.
- All competitors, regardless of sex, age or physical ability/ disability are eligible to be entered for the Open Class competition.
- Only competitors, who have a permanent disability that significantly reduces their mobility and have an official IOF certificate confirming this, are eligible to be entered for the Paralympic Class.

ANTI-DOPING

Organizers are fully committed to support the efforts of the anti-doping authorities (26.4.point IOF TrailO rules).

TERRAIN, CLIMATE, HAZARDS

In August, the average temperature in Daugavpils is 21-25°C during the day and 13-17°C at night. Small, local thunderstorms with rain are possible.

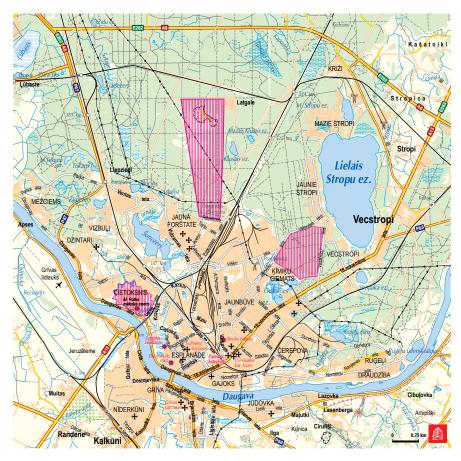
WHEELCHAIR USERS

Assistants to push wheelchairs will be provided on all event days. Please inform organizers about need of pushers by writing to e-mail liga.ruksane@woc2018.lv. It will be possible to charge the batteries for electric wheelchairs in all event centres.



EMBARGOED AREAS

With regard to the IOF Competition Rules (article 26.6), the embargoed areas are forbidden for potential WT0C2018 athletes, team officials and other persons that may be in a position to give information to the team members.



From this moment, all potential WTOC 2018 event participants, coaches, and team officials, as well as all those people, who could supply WTOC team members with information about the terrain, are not allowed to enter the embargoed areas as indicated on the map.

Athletes and officials must take into account that Temp0 restricted area includes the hotel "Rotko centra rezidences", located in Mihaila street 3, is within the restricted area, thus access to this hotel is forbidden until the end of the Temp0 events.

More information and maps of the embargoed areas are available on the WT0C2018 website: http://www.woc2018.lv/wtoc/embargoed-areas/





ELECTRONIC PUNCHING

Sport Ident will be used for Pre0 and relay, in accordance with the Competition Rules for IOF Trail Orienteering Events [http://orienteering.org/wp-content/uploads/2010/12/IOF-Trail-0-Rules-2018_v1.3final.pdf). Competitors will be issued an SI card which will be put in team bags and received at accreditation.

The correct number of SI stations will be provided in a carousel at each decision point.

If one or more SI stations not work or be missing, the competitor should punch the backup boxes provided on the competition map using the backup pin punch provided at each control. If the backup has been used, but a different answer for the control has been recorded in the SI card, it will be considered as incorrect.

The competition maps for Pre0 courses and the relay will include 3 lines with 6 boxes each (A-Z) for this purpose. Competitor should notify the finish official if they used pin punches, who will note the number of the control punched and competitor's name on the map and pass the map on to the results team.

In the PreO events, the controls have to be punched in the correct order. Any controls that have been missed will be counted as no answer given, even if punched later, and any control punched more than once with different answers will be counted as incorrect.

For example sequence 1, 2, 3, 6, 4, 5, 6, 7, 9, 10 will result in controls 4, 5 and 8 to be counted as no answer given. If the competitor had puched answer B for control 6 both times, the first punch will be counted as the answer given. If answers punched are different, they will be counted as incorrect.

In the relay, competitors can visit controls in any order. In cases when the competitor has punched more or less controls than required for their leg, the procedures outlined in IOF TrailO rules Appendix 6 will be applied. If a competitor used the backup pin punches, this is considered as one of their answers, and thus the number of controls considered from the SI card will be reduced accordingly.

In Temp0 answers will be recorded using the ANT system by the marshals at each station. The competitor carries a backup card in which the official will record the answers. This card will serve as a proof of answers to the competitors, but should be kept save as it might be collected in case of failure of the electronic recording system.





CLOTHING

There are no special regulations (except IOF TrailO rules 21.6, 33.1 and 33.2 point) concerning the type of footwear or clothes on the terrain: however it is recommended to protect yourself against insects (mosquitoes, ticks) and sun.

OPPORTUNITIES FOR TRAINING

25.05.- 27.05.2018. Daugavpils Cup - Daugavpils, Pre0, Pre0, Temp0, Pre0.

Website: http://okstiga.com/

<u>29.06.- 01.07. 2018.</u> "Kāpa - 2018" - Pāvilosta - Pre0, Pre0, Temp0

Euroepan Cup in Trail0 2018 Website: http://2018.kapa.lv

ENTRIES

Entries via IOF Eventor. The entry form is available here:

https://eventor.orienteering.org/Events/Show/5397

The Event start date is 4 August 2018.

Entries are done by the National team manager.

Team Size Entry

The following information shall be filled via IOF Eventor:

- Team manager (Chosen from list in IOF Eventor)
- Number of Team athletes (Men and Women)
- Number of Team Officials
- Number of Teams for the Relay('s)

The deadline for Team Size Entry is June 4, 2018 (- 2 months).

Team Names Entry

The following information shall be filled via IOF Eventor:

- Name of each Team Athlete by selecting from federation members in IOF Eventor. The deadline for Team Names Entry is 25 July 2018 (- 10 days).

Competition Entries

Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor, before 12 noon on the day before an individual competition.

Names of the competitors and their running order shall be entered in IOF Eventor, before 12 noon on the day before a relay competition.



Late Entries, Changes of Team Size or Team Names

Late Entries and changes will be accepted, if possible, up to Event start date, 4 August at 23:59 hours. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge). Late entries and changes will always be treated equally and must be communicated directly to the organiser. The organiser makes the changes in IOF Eventor after deadlines.

June 4 to July 25: surcharge 20% on new entries and withdrawals receive an 80% refund. July 25 to 4 August: surcharge of 50% on new entries, withdrawals receive a 50% refund. Name changes in this period cost 10 EUR.

Payments

After the Team Size deadline (-2 months), the organiser will invoice the federation for entries and services. The invoices should be paid before 22 June 2018 (- 6 weeks). If the Federation have done changes after that date it will be paid/refunded on the event at the Event Office.

Confirmation for eligibility for Paralympic participants

Valid paralympic certificates for competitions have to be handed in competition center latest by 5th August 10:00. The certificates will checked for eligibility.

FEES FOR TEAM MEMBERS

Accreditation fee for Athletes 105 EUR*
Accreditation fee for Team Officials 105 EUR**
Accreditation fee for Accompanying Persons 75 EUR**
Entry fee for Pre0 day 1+2 100 EUR
Entry fee for Temp0 70 EUR
Entry fee for Relay (per team) 120 EUR

BANK INFORMATION

IMPORTANT - the payer shall cover all bank charges.

Payment details:

LATVIJAS ORIENTĒŠANĀS FEDERĀCIJA (LATVIAN ORIENTEERING FEDERATION)

Registration No.: 40008021960 IBAN: LV14 RIKO 0002 0131 1137 2

DNB Banka SWIFT: RIKOLV2X

Address: Grostonas iela 6b, Rīga, LV-1013, Latvia

Federation can request copies of invoice via email: lof@lof.lv



^{*}Accreditation fee includes participation in 2 model events as well as banquet, free public transport and parking in the city.

^{**} Accreditation fee includes participation in 2 model events and open Pre-o competition as well as banquet, free public transport and parking in the city.

LIST OF PRELIMINARY ENTRIES

Preliminary entries received to 22nd May.

Federation	0pen	Paralympic	Officials	Accompanying	Total
Czech Republic	4	3			7
Egypt	2	3	2		7
Great Britain	4	2	1	3	10
Italy	4	3			7
Latvia	3	3	1	1	8
Lithuania	3	3			6
Netherlands	1				1
Slovakia	4				4
Slovenia	3				3
Spain	3	3			6
SUM	31	20	4	4	59



ACCOMMODATION

Our partners:

Suggested accommodation, which is also location for Competition centre and also Gala ceremony – Park Hotel Latgola (Gimnāzijas str. 46, Daugavpils).

Dimensions of business class rooms are suitable for wheelchair users. There is a ramp at the main entrance, wide corridors and elevator. There is one room adapted specially for wheelchair. Wheelchair battery charging will be made available at the hotel.

Standard single room*	35 EUR
Standard double room*	40 EUR
Business class single room*	50 EUR
Business class double room*	50 EUR
Business class triple room *	55 EUR
Suite*	100 EUR
Apartment *	200 EUR

^{*}The price includes buffet breakfast.

The rooms can be booked by calling +371 65404900 or by writing an e-mail to: reception@hotellatgola.lv, quoting key-words "WT0C2018 or WORLD TRAIL ORIENTEERING CHAMPIONSHIPS 2018".

Hotel website: http://www.hotellatgola.lv/

DAUGAVPILS MEDICAL COLLEGE HOTEL (Miera str. 3/5, Daugavpils)

Wheelchair accessible. The rooms are on the ground floor. Shared toilet and shower accommodated for disabled persons in corridor. There is a shared kitchen on the ground floor.

Triple room - 30 EUR

An iron, tea kettle, writing-desk, heating, hair-dryer, shared shower rooms and toilet, TV, refrigerator, wake-up service.

Price: 30 EUR night

Double room

Individual shower room and toilet, an iron, writing-desk, heating, dressing room, hair-dryer, air conditioner, TV, refrigerator, tea-kettle, cable TV.

Price: 30 EUR night

A possibility to order catering provided right in the hotel (breakfast 4 EUR, lunch 6 EUR, dinner 5 EUR), via Eventor. Application for accommodation and catering has to be made by writing to email: liga.ruksane@woc2018.lv by 1st June.





Other accommodations: http://www.visitdaugavpils.lv/lv/daugavpils/naktsmitnes

CATERING

Lunch at the price 7,00 EUR per lunch will be provided in competition arenas on request. Lunch orders should be made at registration process (Eventor) as additional service. The money for catering has to be transferred to Latvian Orienteering federation account no later than June 8, 2018.

TRANSPORTATION

If you need transport i.e. from airport to competition centre etc., it can be requested individually; please contact liga.ruksane@woc2018.lv

Transportation package "Competition centre - Competition centre of each event (model events included)" is available upon request for EUR 50 per person.

VISAS

Nationals of the European Union (EU), the European Economic Area (EEA) and any thirdcountry national holding a residence permit of a Schengen State do not need a visa to enter Latvia. For more information, please refer to the website of the Ministry of Foreign Affairs: http://www.mfa.gov.lv/en/consular-information/entry-into-latvia

OPEN PUBLIC EVENT

Open public event will be held during WTOC on the WTOC courses, on the same days, after the official WTOC programme. The whole event includes 1 Temp0 competition (WTOC Qualifications), 2 Pre0 competitions.

(WTOC Day 1 + Day 2) and 2 model events.

Entry fees are 15 EUR per competition, 5 EUR per model event or 40 EUR for the whole event. Final entries to be made by July 25, 2018.

More information is available at official WTOC web page.

MEDIA CONTACTS

Iluta Kriškijāne: iluta.kriskijane@woc2018.lv, t. +371 26364925

www.woc2018.lv/wtoc

Sponsors/Supporters/Organizers

















